



# MARQUETTE MODEL

## Natural Family Planning

### **Application process for the Marquette Method Teacher Training Program**

The Marquette Institute for Natural Family Planning (NFP) teacher training program is a professional online educational experience based on the standards of the United States Conference of Catholic Bishops (USCCB).

#### **Overall Course Description:**

Foundations and Principles and Practical Applications courses are online with scheduled group meetings. Foundations and Principles teach the philosophical underpinnings based on natural law and evidence-based practice. Evidence-based protocols and standards will assist professional nurses, advanced practice nurses, medical students, physicians, physician's assistants, pharmacists, registered dietitians, and other healthcare professionals help women and couples to monitor their fertility to avoid or achieve pregnancy, identify and treat fertility-related health problems within their scope of practice. Students will be knowledgeable of the: physiological, philosophical, spiritual, psychological and behavioral aspects important to teaching and using NFP. A course on medical applications is available for student teachers who have completed Foundations and Principles and are actively working through Practical Applications.

#### **Learning objectives: Foundations and Principles, Practical Applications and Medical Applications**

1. The provider will feel confident to dialogue with the woman/couple about the physiological, philosophical, and conceptual underpinnings of NFP and the Marquette Model (MM).
2. The provider will be able to implement and assess the delivery of NFP and MM services.
3. The provider will be able to identify unique diagnostic patterns of the menstrual cycle that reveals common health problems.

**Target Audience:** Physicians, physician assistants, advanced practice nurses, nurses with a baccalaureate degree or higher interested in advancing their knowledge in women's/couples reproductive health.

**Course format:** These online courses are offered as cohorts and begin in the spring and fall semesters. Students will have a chance to work in groups and meet with faculty regularly. When the student completes Foundations and Principles, they will be assigned a preceptor to match their course intentions as available.

**Applicant eligibility:** Healthcare Professional (BSN, APRN, PA's, Medical Students, MD's,) Marquette junior or senior level nursing students

**Computer requirements:** Familiarity and access to high-speed Internet strongly recommended.

**Time Frame:**

The average amount of time per module is 3-6 hours.

Foundations and Principles = 35 online credit hours (11 modules)

Practical Applications = 40 online credit hours (9 modules)

Medical Applications = 15 online credit hours (5 modules)

See the [College of Nursing webpage](#) for information about initiation and completion dates for each course.

**Certificate of completion as a Marquette Model Teacher is rewarded when students:**

1. Successfully taught ten couples with one follow-up each and four of the ten with a minimum of a six-month follow-up within a year from the time they began instruction.
2. Submitted a minimum of two case studies. It is expected a case study will be submitted for each unintended method related to pregnancy, and any other difficult case requested by the preceptor.
3. Successfully mastered a group teaching session recorded and sent to the preceptor for comments.

**To register:**

1. Complete the [application](#)
2. Pre-application fee of \$75.00 through this (This does not apply to the MM Lite 2-hour course.)

3. Once you complete your application you will receive an invoice within 5 business days from Theresa Derse-Nosacek.

When your application is received you will be sent an email with further information about the documents you will need to provide. (See the lists below)

**For Advanced Practice Providers please provide:**

- \_\_\_\_ Application
- \_\_\_\_ National Provider Id (NPI)
- \_\_\_\_ Copy of your picture ID
- \_\_\_\_ Letter of intent (email accepted – The letter should include how you plan to integrate the Marquette Method of NFP into your practice as a healthcare provider or if you are working with an organization such as a parish or archdiocesan community).

**For nurses with a BSN please provide:**

- \_\_\_\_ Application
- \_\_\_\_ License number
- \_\_\_\_ Copy of your diploma (for RN's only)
- \_\_\_\_ Copy of your picture ID
- \_\_\_\_ Letter of intent (email accepted – The letter should include how you plan to integrate the Marquette Method of NFP into your practice as a healthcare provider or if you are working with an organization such as a parish or archdiocesan community).

NOTE: To be eligible for the student or military discount, proof of being active is necessary. Please contact Theresa at [theresa.derse-nosacek@marquette.edu](mailto:theresa.derse-nosacek@marquette.edu) for a discount code.

For questions feel free to contact [mary.schneider@marquette.edu](mailto:mary.schneider@marquette.edu)