

Model Introduction: Facilitation Guide

Contemplatives In Action Curriculum

Time: 25 minutes

Group: Any

Materials: [Contemplatives in Action Video](#), [Contemplatives in Action Model Printouts or shareable PDF](#), writing utensils

Outcomes: Students will be introduced to the Contemplatives in Action leadership development model as well as the movements of the model.
Students will gain understanding of the movements of the Contemplatives in Action leadership development model.
Students will reflect on how they see themselves in the model.

Contemplatives In Action relation (bolded): **Self / Group / Community Experience / Reflection / Action**

Summary:

Contemplative in Action Video (10 minutes)
Overview of Model (15 minutes)

Facilitators: when applicable, suggested scripts will be written in italics.

Confirm audio/visual capabilities to ensure video is shown in its fullest capacity.

Contemplative in Action Video (10 minutes)

Outcome: Students will be introduced to the Contemplatives in Action leadership development model as well as the movements of the model.

- Play [Contemplatives in Action video](#).
 - Accessible via Marquette University [website](#) or Division of Student Affairs YouTube channel
- Ask discussion questions:
 - What stood out to you after viewing the video?
 - How did you see the student testimonials fit into the model?
 - Where do you see yourself in the model?

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Overview of Model (15 minutes)

Outcomes: Students will gain understanding of the movements of the Contemplatives in Action leadership development model; Students will reflect on how they see themselves in the model

- Share [Contemplatives in Action Leadership Development Model](#).
 - Provide a hard copy, if in person.



- Ask audience to underline what resonates with them while reading through the movements of the model.
- Popcorn read through each paragraph pausing for questions, clarification, or reflections after each section.
- *ScriptTips:*
 - *There is no one entry point; each person's leadership journey is unique and so will their relationship to the model.*
 - *The model is fluid and continuous (hence the intentional shape). There is no beginning nor end.*
 - *The two processes (Self-Group-Community and Experience-Reflection-Action) are coupled and interact continuously and seamlessly.*
 - *There are many approaches to reflection (journaling, meditation, prayer, etc.), so highlight this prompt in the model to progress in living in a more loving, free, and generous world.*
 - *(Disarm any language stumbles; use the video as guidance to pronounce CONTEMPLATIVE).*
- In pairs, ask audience to share as they are comfortable what they underlined and why.
- Present to the large group what was shared in pairs.

Refer students to [leadership website](#) for resources and more information future events.