

Kavitha Dharmalingam Venkateswaran, Ph.D. (she/her)

168G Schroeder Health Complex ▪ Marquette University ▪ kavitha.venkateswaran@marquette.edu

Education:

University of Nebraska-Lincoln, Lincoln, NE August 2018

Doctor of Philosophy, Counseling Psychology (APA Accredited Program)

Dissertation: "Social Class, Asian American Stereotypes, and Perceptions of Shame: An Investigation within Career Construction Theory"

Wake Forest University, Winston-Salem, NC May 2013

Master of Arts, Counseling, Clinical Mental Health Track (CACREP Accredited Program)

Ohio State University, Columbus, OH June 2009

Master of Arts, Higher Education and Student Affairs

Ohio State University, Columbus, OH June 2007

Bachelor of Science with Honors, Psychology (Major), Life Sciences (Minor)

Licensures and Certifications:

- Licensed Psychologist in Wisconsin (License No. 3742-57)
- VA PC MHI Regional Competency Certification
- VA Prolonged Exposure in Primary Care Certification
- VA Cognitive Processing Therapy Certification
- VA Cognitive Behavioral Therapy for Insomnia Certification

Professional Experience:

Clinical Assistant Professor and Clinical Training Coordinator August 2022-Present

Department of Counselor Education and Counseling Psychology, Marquette University, Milwaukee, WI

Psychologist January 2023-Present

New Frontiers Psychiatric & TMS, Milwaukee, WI

Women's Health Staff Psychologist September 2018-August 2022

Clement J. Zablocki VA Medical Center, Milwaukee, WI

Practitioner Instructor February 2017-October 2018

Department of Counseling, Wake Forest University, Winston-Salem, NC

Adjunct Instructor January 2017-June 2017

Department of Counselor Education and Counseling Psychology, Marquette University, Milwaukee, WI

Coordinator for Residence Life July 2009-July 2011

Housing and Residential Life, University of North Carolina-Greensboro, Greensboro, NC

Grants:

A Culturally-Informed Interdisciplinary Prevention Program for Perinatal Depression July 2023

Advancing a Healthier Wisconsin Endowment

Community-Led Support for Maternal and Child Health Equity

PI; Funded: \$244,305

The Role of Obstetric Racism in Perinatal Mental Health, Birth Outcomes, and Stress Biology in Latinx Mothers May 2023

Institute of Women's Leadership Summer Grant

Co-PI; Funded: \$17,000

Publications:

- Reed, O., **Venkateswaran, K.D.**, Donaldson, W., Hartl Majcher, J., Simons, G., & Larson, E.R. (in preparation). Pervasive lack of exposure to training on transgender-affirmative care among healthcare workers and trainees.
- Venkateswaran, K.D.**, & Hauser, C.T. (2020). Living with PTSD amid a global pandemic. *Psychological Trauma: Theory, Research, Practice, and Policy*, 12(S1), 71-72.
- Kantamneni, N., **Dharmalingam, K.**, Orley, G., & Kanagasingam, S. (2018). Cultural factors, perceived barriers, and Asian American career development: An application of Social Cognitive Career Theory. *Journal of Career Assessment*, 26(4), 649-665.
- Kantamneni, N., **Dharmalingam, K.**, Tate, J., Perlman, B., Majmudar, C., & Shada, N. (2016). DREAMing Big: Understanding the current context of academic and career decision-making for undocumented students. *Journal of Career Development*, 43(6), 483-497.
- Newsome, D.W., & **Dharmalingam, K.** (2013). College and University Settings, Career Counseling, Coaching. *Clinical mental health counseling in community and agency settings* (4th ed.). Upper Saddle River, NJ: Merrill/Prentice Hall. (Book Chapter).

Conference Presentations:

- Venkateswaran, K.D. (2023, April). *Addressing microaggressions and prejudicial comments in therapeutic settings*. Presented at the Wisconsin Psychological Association Annual Conference: Elkhart Lake, WI
- Vallejo, L.G., **Venkateswaran, K.D.**, & Skerven, K. (2023, April). *Development and implementation of a culturally responsive practice training rotation*. Presented at the Wisconsin Psychological Association Annual Conference: Elkhart Lake, WI
- Fedele, K., & **Venkateswaran, K.D.** (2021, August). *The potential for clinical application of multicultural orientation in integrated health settings: Enactment of Counseling Psychology's commitment to social justice and anti-racism*. Symposium presented at the American Psychological Association Annual Convention: Virtual.
- Walker, K., Gregas, A., & **Venkateswaran, K.D.** (2019, August). *Creation and implementation of a diversity workgroup in an integrated healthcare setting*. Symposium presented at the American Psychological Association Annual Convention: Chicago, IL.
- Dharmalingam, K.**, Dahl, A., & Kantamneni, N. (2016, August). *Perceptions of barriers for undergraduate international students in the job search process: A qualitative analysis*. Symposium presented at the American Psychological Association Annual Convention: Denver, CO.
- Dharmalingam, K.**, & Kanagasingam, S. (2015, October). *An interactive dialogue on the current climate for Muslim American college students*. Structured roundtable presented at the 15th annual Diversity Challenge of the Institute of the Promotion of Race and Culture, Boston, MA.
- Shada, N., & **Dharmalingam, K.** (2015, August). *Identifying shame and utilizing shame-resilience interventions in individual therapy*. Symposium presented at the American Psychological Association Annual Convention, Toronto, ON.
- Dharmalingam, K.**, & Perlman, B. (2014, March). *Supporting academic and career development: Best practices for working with undocumented students*. Symposium presented at the Counseling Psychology Conference, Atlanta, GA.

Posters:

- Walker, K., Gregas, A., **Venkateswaran, K.D.**, Skerven, K., Engler, C., Shepard, S., & Shaw, B. (2019, April). *ADAPT (Advancing diversity across psychology team): Increasing diversity awareness within psychology*. Poster presented at the Clement J. Zablocki VAMC Performance Improvement Fair.
- Kanagasingam, S., **Dharmalingam, K.**, & Kantamneni, N. (2015, August). *Influences of Asian American stereotypes and racism on college students' vocational development*. Poster presented at the American Psychological Association Annual Convention, Toronto, ON.

- Tate, J., Kanagasingam, S., **Dharmalingam, K.**, Kantamneni, N., Shada, N., & Smith, R., (2015, August). *Social class, perceptions of meritocracy and vocational outcomes among college students*. Poster presented at the Annual Convention, Toronto, ON.
- Kanagasingam, S., **Dharmalingam, K.**, Kantamneni, N., & Timm, C. (2015, March). *Engaging college freshmen in major and career exploration: A pilot study to examine the effectiveness of a career decision-making academic course*. Poster presented at the 28th Annual Great Lakes Regional Counseling Psychology Conference, Muncie, IN.
- Shada, N., **Dharmalingam, K.**, Kantamneni, N., Tate, J., Hellwege, M., & Conley, M. (2015, February). *Understanding and supporting the academic and career development of undocumented college students*. Poster presented at the 2015 annual Big Ten Counseling Centers Conference, Lincoln, NE.
- Dharmalingam, K.**, & Kantamneni, N. (2014, August). *The effects of gender role conflict and Asian American stereotypes on male career development*. Poster presented at the American Psychological Association Annual Convention, Washington D.C.
- Kantamneni, N., & **Dharmalingam, K.**, (2014, August). *The relationship between cultural factors and Asian American students' math and science outcomes*. Poster presented at the American Psychological Association Annual Convention, Washington D.C.

Invited Talks:

- Venkateswaran, K.D. (2022, November). *Addressing microaggressions and prejudicial comments in therapeutic settings*. Invited talk at Marquette University's Department of Counselor Education and Counseling Psychology Colloquium Series.
- Venkateswaran, K.D. (2022, August). *Reimagining perinatal mental health care: A roundtable discussion regarding interdisciplinary and prevention efforts*. Invited talk at APA Division 17 Health Psychology Section Roundtable, American Psychological Association Annual Convention, Minneapolis, MN.
- Fedele, K., & **Venkateswaran, K.D.** (2022, June). *Background and treatment of insomnia disorder*. Invited guest lecture to University of Denver Morgridge College of Education Integrated Health course in Counseling Psychology.
- Counseling health psych internship and post-doc panel*. (2021, June). Invited panelist through APA Division 17 Health Psychology Section.
- Venkateswaran, K.D.**, & Fedele, K. (2020, October). *Considerations of working in integrated care during the time of COVID-19*. Invited guest lecture to University of Denver Morgridge College of Education Integrated Health course in Counseling Psychology.
- Venkateswaran, K.D.**, & Fedele, K. (2020, June). *Navigating integrated care in the time of COVID-19*. Invited virtual presentation through APA Division 17 CE series, Health Psychology and Professional Practice Sections.
- Venkateswaran, K.D.**, & Mailloux, L. (2020, March). *More than the Baby Blues: Managing perinatal depression and anxiety in primary care*. Invited presentation through VA Primary Care-Mental Health Integration SCAN-ECHO Series.
- Venkateswaran, K.D. (2019, January). *Managing difficult patient situations: Monitoring our own reactions and seeking support*. Invited presentation at Clement J. Zablocki VA Women's Health Primary Care Clinic Protected Time Meeting, Milwaukee, WI.
- Venkateswaran, K.D.**, & Mieskowski, L. (2019, August). *From burnout to resilience: Building up your bounceback*. Invited presentation at Clement J. Zablocki VA Charge Nurse Retreat, Milwaukee, WI.
- Venkateswaran, K.D. (2018, February). *Dealing with difficult patient situations*. Invited presentation at Clement J. Zablocki VA Spinal Cord Injury Nurse Staff Meeting, Milwaukee, WI.

Teaching Experience:

Instructor, Psychopharmacology (Summer Course) <i>Department of Counselor Education and Counseling Psychology, Marquette University, Milwaukee, WI</i>	May 2023-July 2023
Instructor, Doctoral Practicum <i>Department of Counselor Education and Counseling Psychology, Marquette University, Milwaukee, WI</i>	January 2023-May 2023
Instructor, Assessment in Counseling <i>Department of Counselor Education and Counseling Psychology, Marquette University, Milwaukee, WI</i>	August 2022-December 2022
Practitioner Instructor, Cultures and Counseling* <i>Department of Counseling, Wake Forest University, Winston-Salem, NC</i>	August 2018-October 2018
Instructor, Career Development and Counseling (Summer Course) <i>Department of Counselor Education and Counseling Psychology, Marquette University, Milwaukee, WI</i>	May 2017-July 2017
Practitioner Instructor, Human Sexuality* <i>Department of Counseling, Wake Forest University, Winston-Salem, NC</i>	July 2017-August 2017
Practitioner Instructor, Research and Statistics* <i>Department of Counseling, Wake Forest University, Winston-Salem, NC</i>	March 2017-May 2017, August 2017-October 2017
Instructor, Family Counseling <i>Department of Counselor Education and Counseling Psychology, Marquette University, Milwaukee, WI</i>	January 2017-May 2017
Instructor, Internship in Counseling <i>Department of Counselor Education and Counseling Psychology, Marquette University, Milwaukee, WI</i>	January 2017-May 2017
Teaching Assistant, Intellectual Assessment <i>Department of Educational Psychology, University of Nebraska-Lincoln, Lincoln, NE</i>	May 2016-July 2016
Teaching Assistant, Gender and Counseling Psychology <i>Department of Educational Psychology, University of Nebraska-Lincoln, Lincoln, NE</i>	May 2016-July 2016
Teaching Assistant, Group Counseling <i>Department of Counseling, Wake Forest University, Winston-Salem, NC</i>	January 2013-May 2013
Teaching Assistant, Human Services <i>Department of Counseling, Wake Forest University, Winston-Salem, NC</i>	August 2012-December 2012

*denotes online instruction

Clinical Training Experience:**Pre-Doctoral Internship**

Psychology Intern <i>Clement J. Zablocki VA Medical Center, Milwaukee, WI</i> <i>Training Director: James Hart, Ph.D.</i>	August 2017-August 2018
<ul style="list-style-type: none"> APA-accredited pre-doctoral internship at a large VA medical center consisting of weekly clinical seminars, case conferences, group supervision, and individual supervision. Specific rotations included the Women's Resource Center, Geropsychology Inpatient Unit, Spinal Cord Injury Unit, Individualized-Addictions Consultation Team Residential Program, PTSD Residential Program, and Primary Care-Mental Health Integration. Provided tiered clinical supervision to a psychology practicum student 	

Individual and Group Intervention

General Mental Health Psychology Extern <i>Veterans' Health Administration, Nebraska-Western Iowa Health Care System, Lincoln, NE</i>	August 2015-May 2016
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Domestic Violence and Sexual Assault Shame-Resilience Group Facilitator <i>University of Nebraska-Lincoln and Voices of Hope, Lincoln, NE</i>	January 2014-December 2015
Psychology Trainee <i>Counseling and Psychological Services, University of Nebraska-Lincoln, Lincoln, NE</i>	August 2014-May 2015
Advanced Counseling Psychology Practicum Student <i>Counseling and School Psychology Clinic, University of Nebraska-Lincoln, Lincoln, NE</i>	August 2013-May 2014
Building Bridges Counseling Practicum Student <i>Lincoln Northeast High School, Lincoln, NE</i>	August 2013-May 2014
Counseling Intern <i>Counseling Services, Salem College, Winston-Salem, NC</i>	August 2012-May 2013
Career Small Group Facilitator <i>Department of Counseling, Wake Forest University, Winston-Salem, NC</i>	January 2012-May 2012
<u>Assessment and Brief Intervention</u>	
Primary Care-Mental Health Integration Practicum Student <i>Clement J. Zablocki VA Medical Center, Milwaukee, WI</i>	September 2016-May 2017
Assessment Trainee <i>Counseling and Psychological Services, University of Nebraska-Lincoln, Lincoln, NE</i>	May 2016-July 2016
Substance Abuse Screening and Brief Intervention Counseling Practicum Student <i>Trauma Unit, Wake Forest Baptist Medical Center, Winston-Salem, NC</i>	January 2012-May 2012
<u>Provision of Supervision</u>	
Practicum Supervisor <i>Counseling and School Psychology Clinic, University of Nebraska-Lincoln, Lincoln, NE</i>	January 2016-May 2016
Professional Service:	
Primary Care Advisory Council <i>American Psychological Association</i>	April 2023-Present
Board Member-at-Large <i>Wisconsin Psychological Association</i>	January 2023-Present
Health Psychology Section, Chair-Elect <i>American Psychological Association, Division 17 (Society of Counseling Psychology)</i>	August 2022-Present
SCP Connect <i>American Psychological Association, Division 17 (Society of Counseling Psychology)</i>	
▪ Associate Editor	August 2022-Present
▪ Writing Team Member	August 2021-August 2022
Advancing Diversity across Psychology Team (ADAPT) Workgroup <i>Clement J. Zablocki VA Medical Center, Milwaukee, WI</i>	August 2017-August 2022
SCP Presidential Initiative Leadership Workgroup <i>American Psychological Association, Division 17 (Society of Counseling Psychology)</i>	April 2021-December 2021
Section on Ethnic and Racial Diversity (SERD) <i>American Psychological Association, Division 17 (Society of Counseling Psychology)</i>	
▪ Newsletter Editor, Executive Board Member	November 2014-August 2017
▪ Associate Editor	August 2013-November 2014

Society of Counseling Psychology Hospitality Space Committee Member
American Psychological Association, Division 17 (Society of Counseling Psychology)

April 2016-August 2016

Student Affiliates of Seventeen Campus Representative
American Psychological Association, Division 17 (Society of Counseling Psychology)

August 2015-August 2016

Counseling Psychology Student Organization Doctoral Representative
Department of Educational Psychology, University of Nebraska-Lincoln, Lincoln, NE

August 2015-May 2016

Honors, Awards, and Memberships:

- Early Career Award Recipient, Division 17 Health Psychology Section, American Psychological Association, 2022
- Association of VA Psychologist Leaders Member, March 2021-August 2022
- Clement J. Zablocki Mental Health Division Special Contribution Award, 2019
- American Psychological Association Member, August 2013-Present
 - Division 17 Member
 - Section for Ethnic and Racial Diversity (SERD) Member, August 2013-Present
 - Health Psychology Section Member, January 2021-Present
 - Division 35 Member, January 2015-December 2015, January 2022-Present
 - American Psychological Association of Graduate Students (APAGS) Member, August 2013-August 2018
- American Psychological Association Minority Fellowship Honorable Mention, 2016
- American Psychological Association Graduate Student Travel Award Winner, 2014