

# Poetry as a form of Resistance

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## Introduction

Literature has been an important part of my life; it's the way I reflect on my growth as an individual and learn about my culture. But Latinx literature has been dominated by men, most of the pre-colonial poetry has been destroyed, and poetry is used to document our oppression.

My goal for this project is to view poetry as a form of resistance and to create my own work.

## Methodology

Auto-ethnography was used to reflect on the texts. chosen and my own experiences as a Mexican woman. Using my reflections I created my own resistance poetry and a cajita that represents who I am

## Results

Throughout the summer of 2025 I met with my mentor to go over my goals for this project which included a literature review, analysis of works, and creating my own poems. In August, I spent some time in Mexico with my family and reflecting on other ways of resisting oppression.



## Works analyzed:

1. Los últimos días del sitio de Tenochtitlan
2. Tocotines by Sor Juana Inés de la Cruz
3. The Coatlicue State by Gloria Anzaldúa

## My own resistance poetry:

1. Cómo hacer gorditas
2. Regrésamelos con bien



## Why is this Important?

Oppression has never ceased to exist, it has only transformed in the ways it manifests itself. We are living in a time where racial profiling has been legalized against my people. Living in a constant state of oppression impacts our quality of life, life expectancy, and overall health.

Most importantly, this project aims to demonstrated how we continue to resist oppression in various ways: through poetry, art, food, and reflecting on our identity

At Marquette we value our Jesuit education that strives to foster knowledge, lead in our communities, and educate our whole selves. This project has allowed me to connect deeper with my identity and share that information with others.

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